

ANNUAL REPORT 2017 2018



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Executive Message



2018 is a special year for us.

It marks the 10th anniversary that we merged three best-in-class agencies (Jewish Employment Montreal, Jewish Family Services, and Jewish Immigrant Aid Services) into one single agency.

Looking back, 2008 was a period of great change as the community began the process of re-evaluating

and re-visioning how best to deliver critical social services.

What resulted was Ometz: a single point of entry to caring, connected and inclusive programs and services.

As we celebrate this milestone, we can't forget our roots. Although Ometz is just 10 years old, our predecessor agencies have been continuously serving our community for an impressive 155 years. While our services have evolved over time to meet the changing needs of our community, our mission remains the same: to empower individuals, to create a platform for educational and vocational success, to bridge gaps and to help the more vulnerable members of our society reach their full potential.

This annual report reflects on the many ways we have come together to fulfill our purpose of building a stronger, healthier, more resilient community.

Some highlights from the past year:

- Thanks to the generous support of some of our most loyal Ometz donors, we were able to enhance and introduce new Alternative Therapies for our mental health clients. Our animal-assisted therapy, music therapy (supported by the new *Pearl and David Tobias Music and Animal-Assisted Wellness Fund*), garden-therapy and photo-therapy programs help people with depression, anxiety, autism, feelings of isolation and other conditions that affect their everyday lives.

- Ometz did not host a gala and instead held its first *A Chance to Shine No Show Gala*. All proceeds from this successful fundraising 'non-event' went towards helping thousands of children and youth in need.

- The Orthodox Community Initiative was created in collaboration with the Montreal Jewish Commerce Network. This unique program provides specialized employment and training services to members of the Chasidish and Yeshivish communities. In its first year, the program has already served over 100 new clients.

- We launched our revamped Ometz website and saw the first full-year of operation of our new user-friendly employment portal accessed by our many job seekers and employers.

- Our Ometz Literacy Program helped close to 20 young adults complete their High School Diploma Equivalency exam.

- Federation CJA partnered with Ometz on its 12th Yom Yocheved Clothing Giveaway. This popular event offers a free, unlimited shopping spree to over 250 Ometz families, including around 600 children. Sponsors donate brand-new clothing.

- For the 25th year, our Ometz employment team hosted the popular job-networking event, *Cocktails and Conversation, A Recruiting Event* featuring promising young professionals in our community. The special keynote speaker was Lise Watier, founder of Lise Watier Cosmétiques and a trailblazer among entrepreneurs in Quebec. Since it began, this event has helped more than 1,400 candidates secure jobs in Montreal.

- The Shapiro family again demonstrated their dedication to Ometz with the *Betty and Bernard S. Shapiro Family Lecture Series*, which makes it possible to bring world-class experts in the fields of education, human development and the social sciences to Montreal.

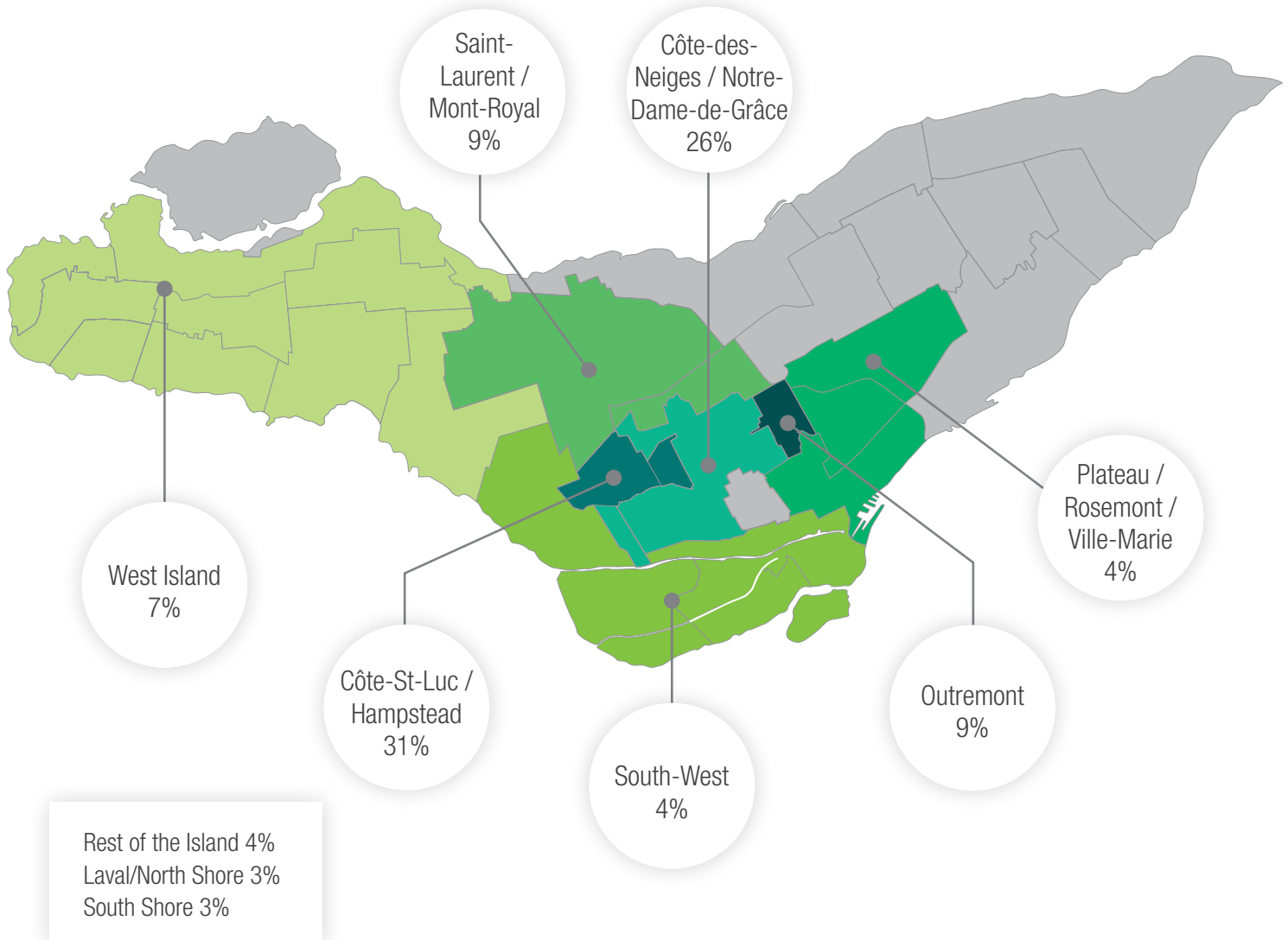
In the coming year, we plan to build on these successes and continue to make history with our growing Ometz family. We hope you will join us for this journey.

Saul Carliner
President

Gail Small
Chief Executive Officer

Our Reach

In 2017-2018 we reached 13,277 individuals



Our Impact



Create a safe and nurturing environment where children can thrive

1,343 young people received support to pursue their personal, professional and academic goals

579 young people received training and support to help them enter the job market and **241 secured a job or an internship**

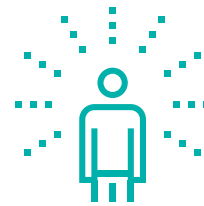
63 young people living with mental health issues, autism spectrum disorder or mild intellectual disabilities acquired independent living and employability skills and developed new relationships

85 children received support from mentors and tutors to help them succeed at school and in life

More than 2,500 children and parents participated in classroom discussions about healthy relationships, internet safety, sexuality, conflict resolution, resilience and school transitions

1,653 children received screening for motor difficulties and speech disorders and **134 children** benefited from intensive learning supports to improve their developmental trajectory

477 children went to summer camp



Give youth and young adults opportunities to reach their full potential



Support newcomers building lives in Canada

829 families received support adjusting to their lives in Canada

248 newcomers prepared to enter the Canadian job market with greater skills and confidence

1,098 adults and children discovered their new country, celebrated Jewish holidays and met friends through our integration activities

Our Impact



Promote better economic opportunities for all

1,820 job seekers used our services, online and in person, to find suitable employment opportunities

785 mature workers learned new skills essential to succeeding in the changing job market

124 people with disabilities found jobs, maintained employment or returned to school

437 people received advice on starting their own business and **125 new entrepreneurs** developed their ideas into viable businesses with the help of our accelerator program

202 people living with mental health issues improved their quality of life and personal well-being through individual support and therapeutic groups

327 people of all ages, backgrounds and abilities contributed to our work and community through volunteering – this represents **more than 9,000 hours of volunteer work**



Foster inclusion in our community



Strengthen families in and beyond times of crisis

3,232 children and adults benefited from financial and material assistance and advocacy efforts to help them in times of crisis and improve their quality of life

307 families learned how to better manage their finances through our financial literacy and budgeting program

827 individuals, couples and families worked to improve family relationships, cope with crisis and develop confidence and hope through our counselling services

Helping Build Community

Meet the members of the Ometz Board of Directors and Executive Team who guide the organization to ensure it fulfills its mission and meets the needs of its clients.

Board of Directors

Michael Aronovici (Vice-President)
Trish Begualid
Yvonne Bensimon
Ruth Bensimon Choueke (Vice-President)
Igor Bernadski
Saul Carliner (President)
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Bill Itovitch (Secretary/Treasurer)
Howard Lohner
Linda Schachter
Joel Shalit
Cynthia Telio
Marc Welikovitch (Past President)
Alon Wexler

Executive Team

Gail Small
Chief Executive Officer

Dominique McCaughey
**Chief Strategy and
Development Officer**

Susan Karpman
Chief Program Officer

Barbara Victor
Chief Clinical Officer



Fostering Partnerships

By working together we can achieve greater impact.

- Alliance des centres-conseils en emploi
 - AMI-Québec
 - Association du Québec pour l'intégration sociale
 - BDC Pointe-Claire
 - CIUSSS West-Central Montreal
 - Community Council on Volunteerism of Greater Montreal
 - Community Economic Development and Employability Corporation
 - Concordia University
 - Community Development Corporation of Côte-des-Neiges
 - CSSS Cavendish
 - Cummings Jewish Centre for Seniors
 - Employment Roundtable
 - English Montreal School Board
 - Forum jeunesse de l'île de Montréal
 - Futurpreneur
 - Gold Centre
 - Kehilla Montreal
 - McGill University – Centre for Research on Children and Families
 - MONTREAL WALKS for Mental Health
 - LEARN Quebec
 - PJ Library
 - PME MTL
 - Prep Academy Tutors
 - Ready Willing and Able
 - Réseau Alternatif et Communautaire des Organismes en santé mentale de l'Île de Montréal
 - SPHERE Québec
 - Sylvan Adams YM-YWHA
 - Table de concertation Santé mentale - Territoire CIUSSS du Centre-Ouest-Montréal
 - Table de concertation des organismes au service des personnes réfugiées et immigrantes
 - West Island Local Table for Intellectual Disability and Autism
-

Highlights

Personal Support Worker for Seniors Training

It has been just over a decade since Ometz in partnership with the English Montreal School Board, launched the Personal Support Worker for Seniors program. This 18-week intensive training course is for people who want to work as caregivers and provides participants with the amazing combination of theory and supervised work experience in an elderly residence or drop-in-center.



Community Garden Project

Did you know that connecting with nature can help lift depression, improve energy, and boost overall well-being and mental health? It's what led to the creation of our new Ecotherapy Initiative at Ometz, which began in the summer of 2017. Run by members from our Ometz Mental Health Support team, clients learn to harvest vegetables like lettuce, beans and cucumber, and have the opportunity to take some vegetables home for themselves and their families.



Hanukkah Party

On December 17th, we hosted our annual Ometz Immigration Services Family Hanukkah party for close to 400 newcomers. It was a fantastic opportunity for our newcomer families to connect with the local community and celebrate together. Thanks to the generosity of Federation CJA Tikun Olam Volunteers (TOV), Israel Engagement Initiative and JPL Montreal, over 220 children left the party with a bag full of gifts.



Initiative France Brunch

In partnership with Federation CJA, on March 18th Ometz organized a brunch for all newcomers who are part of "Initiative France Montréal." The family-friendly event welcomed over 100 new families from France, Switzerland and Belgium, all of whom were paired with local Montreal families ("twin families") in an effort to support and ease their integration into the community.



Highlights

Cocktails and Conversation: A Recruiting Event

For the 25th year, our Ometz employment team hosted the popular job-networking event, Cocktails and Conversation: A Recruiting Event featuring promising young professionals in our community. Sponsored by Groupe Marcelle Inc., the special keynote speaker was Lise Watier, founder of Lise Watier Cosmétiques. The event was also the recipient of this year's Federation CJA award for Excellence in Community Programming.



The Betty and Bernard S. Shapiro Family Lecture Series

Featuring engaging conversations with some of today's top influencers and experts, the Betty and Bernard S. Shapiro Family Lecture Series continued at the Shaare Zion Congregation with Julie Lythcott-Haims, former dean of freshmen at Stanford University. Speaking to more than 200 audience members, Lythcott-Haims talked about anxiety and the negative consequences of 'helicopter' parenting.



The Orthodox Community Initiative

The new Orthodox Community Initiative provides specialized employment and training services to members of the Chasidish and Yeshivish communities. The program was created in 2017 in collaboration with the Montreal Jewish Commerce Network, an Orthodox organization dedicated to helping Orthodox Jews with their career goals.



ProMontreal Entrepreneurs (PME)

Now in its 17th year, PME is a social business model created to help young Jewish entrepreneurs build and strengthen their business roots in Montreal. The program provides guidance and support on how to launch a start-up, and helps established businesses through a mentorship program and coaching. Through the PME fund, PME has helped launch 71 new businesses, created approximately 800 jobs with a combined approximate revenue of \$50 million.



Major Funders

We thank our Major Funders for their continued confidence and support.

- **Federation CJA**

- BDH Community Foundation
 - Betty and Bernard S. Shapiro Family Endowment
 - Centraide of Greater Montreal
 - Community Foundations of Canada
 - Donald Berman Foundation
 - ECHO Foundation
 - Emploi-Québec
 - Employment and Social Development Canada
 - Gustav Levinschi Foundation
 - Henry and Berenice Kaufmann Family Foundation
 - Jewish Community Foundation of Montreal
 - Laura Schecter Fund (King Family)
 - Ministère de l'Immigration, de la Diversité et de l'Inclusion
 - Ministère de la Santé et des Services sociaux
 - Morris and Rosalind Goodman Family Foundation
 - Pearl and David Tobias Tribute to Life Fund
 - Richter Charitable Foundation
 - Ville de Montréal
-

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\$50,000 +

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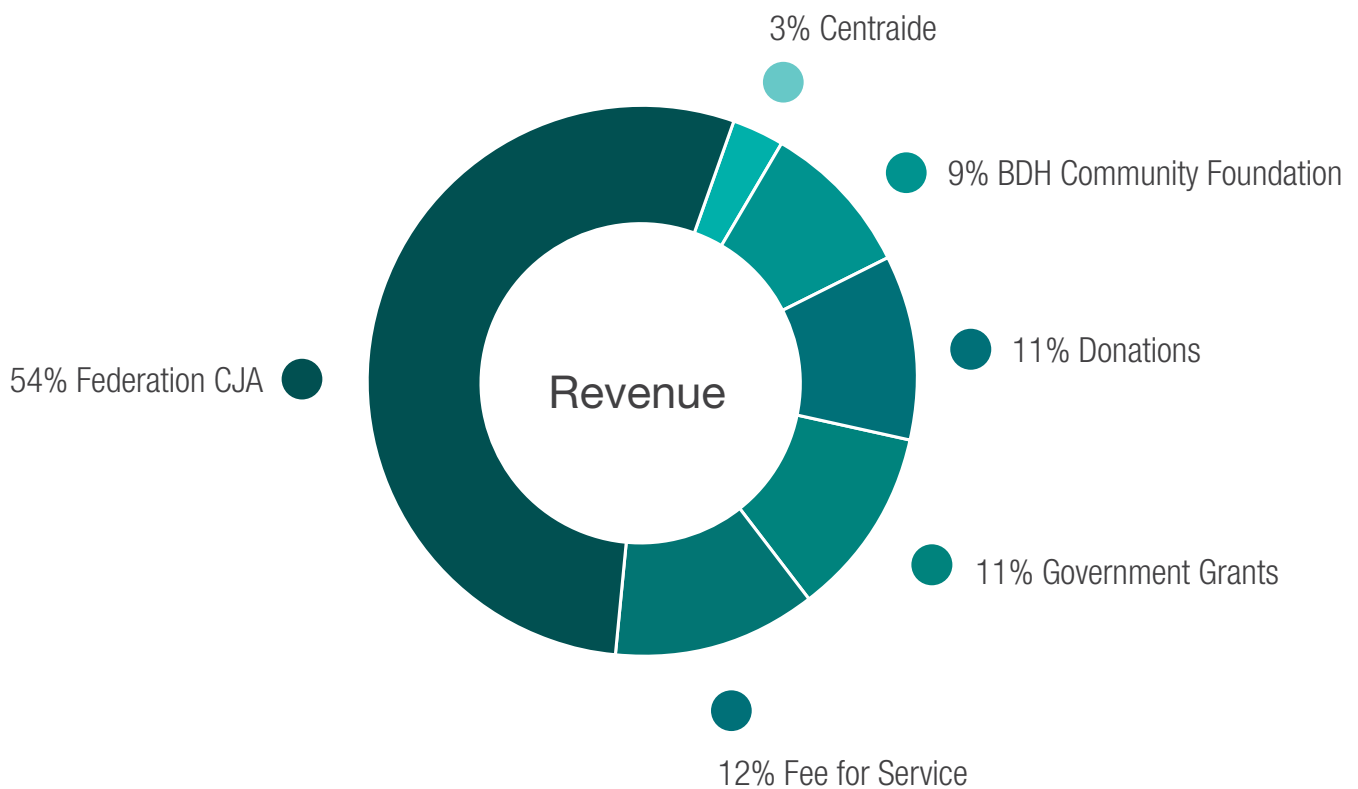
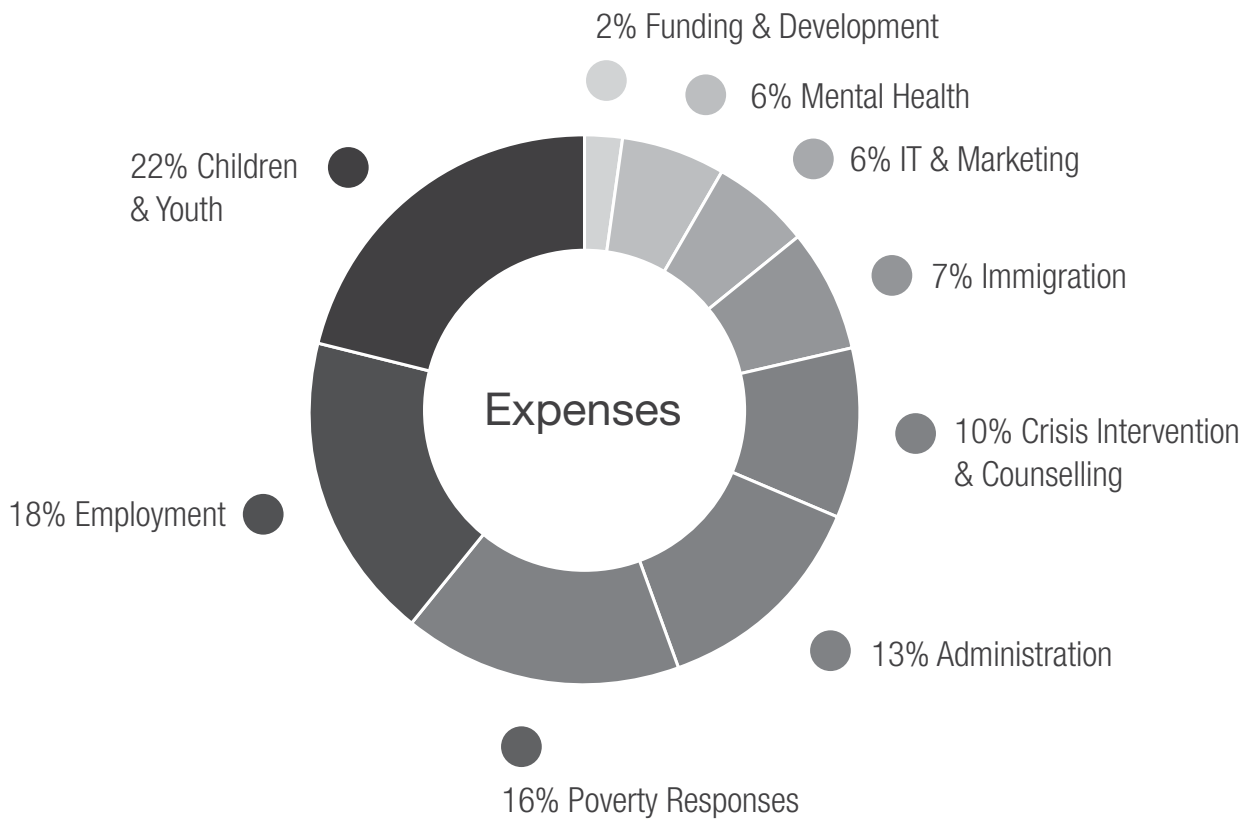
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John Zimmer & Leigh Zinman
Carole Coan Zouari & David
Zouari

Annual Expenses and Revenues 2017-2018



Federation CJA contribution includes \$905,366 for Community Financial Assistance.

Statement of Operations

Year ended March 31, 2018

	2018	2017
	\$	\$
REVENUE		
Federation CJA	3,109,442	2,974,216
Fee for service	929,272	1,000,950
Government grants	788,807	775,500
Centraide	250,000	250,000
Donations	840,545	945,153
B.D.H. Community Foundation	673,244	653,623
Total Revenue	6,591,310	6,599,442

EXPENDITURES

Operating Expenses

Program salaries and benefits	4,066,385	4,051,641
Program contract professionals	454,950	365,871
Activity costs	267,465	270,348
Professional development & memberships	41,509	48,600
Marketing	265,655	236,557
Information technology	167,933	159,053
Amortization of capital assets	19,720	22,739
Amortization of intangible assets	33,229	27,640
Total Operating Expenses	5,316,846	5,182,449

ADMINISTRATION

Salaries and benefits	723,439	678,278
Office and general	86,425	95,886
Insurance	41,342	39,224
Professional fees	44,361	57,104
Bank charges	812	2,338
Total Administration	896,379	872,830

Funding and Development	172,860	337,183
Total Expenditures	6,386,085	6,392,462

Excess of revenue over expenditures	205,225	206,980
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	2018	2017
	\$	\$
Government Grants		
Emploi-Québec	496,686	480,023
Immigration, Diversité et Inclusion	62,319	62,721
Programme de Soutien aux Organismes Communautaires	153,960	152,890
Human Resources and Skill Development of Canada	52,049	58,828
Other grants	23,793	21,038
Total Government Grants	788,807	775,500

*This page is an extract of the Ometz financial statements

Thank you to our funding partners:



This annual report can also be viewed online at www.ometz.ca

This annual report covers the period of April 1, 2017 to March 31, 2018 and was submitted at the Annual General Meeting of members on June 19, 2018.

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